



Volleyball Rules

Scoring

- * Rallying scoring will be used
- * There will be a point scored on every volley
- * Games will be played to 25 points
- * Must win by 2 points
- * Best 2 out of 3 matches

The Serve

- * Server must serve from behind the end line
- * Ball may be served underhand, overhand or kicked
- * Ball must be visible before serve
- * Served ball may hit the net
- * First game serve is determined by a volley; each following game will be served by the previous loser
- * Cannot set or spike on a serve

Rotation

- * Team will rotate each time they win the serve
- * Players shall rotate in a clockwise manner

Playing the Game

- * Maximum of 3 hits per side. Can use any part of your body: head, feet, arms, etc.
- * Player may not hit the ball twice in a row (A block is not considered a hit)
- * Ball may be played off the net during a volley and on a serve
- * A ball touching a boundary line is good

Basic Violations

- * Stepping on or over the line on a serve
- * Failure to serve the ball over the net successfully
- * Failure to stay in rotation
- * Hitting the ball illegally (carrying, palming, throwing, etc)
- * Touching the net with any part of the body while the ball is in play. If the ball is hit into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play